









































29 400m Freestyle Women Heat



Official



Rank	Competitor	Age	Club	RT	PTS	Result	
1	 Deotille Viideau	16		0.69		4:32.70 Entry: 4:32.07 +0.63	Q
	50m: 30.50 100m: 1:04.16 (33.66) 150m: 1:39.06 (34.90) 200m: 2:13.88 (34.82) 250m: 2:48.66 (34.78) 300m: 3:23.62 (34.96) 350m: 3:58.76 (35.14) 400m: 4:32.70 (33.94)						
2	 Paige Conley	16		0.72		4:35.37 Entry: 4:35.34 +0.03	Q
	50m: 31.15 100m: 1:05.14 (33.99) 150m: 1:40.07 (34.93) 200m: 2:15.48 (35.41) 250m: 2:50.60 (35.12) 300m: 3:26.25 (35.65) 350m: 4:01.23 (34.98) 400m: 4:35.37 (34.14)						
3	 Sadie Percy	15		0.82		4:35.53 Entry: 4:36.74 -1.21	Q
	50m: 30.42 100m: 1:04.04 (33.62) 150m: 1:38.65 (34.61) 200m: 2:14.71 (36.06) 250m: 2:50.54 (35.83) 300m: 3:26.42 (35.88) 350m: 4:02.43 (36.01) 400m: 4:35.53 (33.10)						
4	 Tandia Fisher	15		0.73		4:36.93 Entry: 4:31.29 +5.64	Q
	50m: 31.20 100m: 1:05.49 (34.29) 150m: 1:40.58 (35.09) 200m: 2:16.62 (36.04) 250m: 2:52.03 (35.41) 300m: 3:28.03 (36.00) 350m: 4:03.33 (35.30) 400m: 4:36.93 (33.60)						
5	 Anae Delande (13		0.69		4:37.50 Entry: 4:40.80 -3.30	Q
	50m: 30.98 100m: 1:05.57 (34.59) 150m: 1:40.71 (35.14) 200m: 2:15.89 (35.18) 250m: 2:51.28 (35.39) 300m: 3:27.01 (35.73) 350m: 4:03.01 (36.00) 400m: 4:37.50 (34.49)						
6	 Hope Wang	14		0.69		4:38.10 Entry: 4:30.15 +7.95	Q
	50m: 31.36 100m: 1:05.95 (34.59) 150m: 1:41.24 (35.29) 200m: 2:16.96 (35.72) 250m: 2:52.69 (35.73) 300m: 3:28.38 (35.69) 350m: 4:03.59 (35.21) 400m: 4:38.10 (34.51)						
7	 Violet Carter	16		0.75		4:39.96 Entry: 4:39.88 +0.08	Q
	50m: 30.99 100m: 1:05.80 (34.81) 150m: 1:41.59 (35.79) 200m: 2:17.55 (35.96) 250m: 2:53.42 (35.87) 300m: 3:29.49 (36.07) 350m: 4:05.18 (35.69) 400m: 4:39.96 (34.78)						
8	 Jessica Richard	16		0.78		4:40.54 Entry: 4:40.73 -0.19	Q
	50m: 30.74 100m: 1:04.81 (34.07) 150m: 1:39.93 (35.12) 200m: 2:15.83 (35.90) 250m: 2:51.58 (35.75) 300m: 3:28.32 (36.74) 350m: 4:04.31 (35.99) 400m: 4:40.54 (36.23)						
9	 Maeve McDonn	15		0.61		4:40.60 Entry: 4:37.53 +3.07	Q
	50m: 32.14 100m: 1:07.37 (35.23) 150m: 1:42.70 (35.33) 200m: 2:18.84 (36.14) 250m: 2:54.87 (36.03) 300m: 3:30.52 (35.65) 350m: 4:06.19 (35.67) 400m: 4:40.60 (34.41)						



10	 Amelia McEwan	13		0.69	4:40.81 Entry: 4:38.86	+1.95	Q
	50m: 31.80 100m: 1:06.98 (35.18) 150m: 1:43.01 (36.03) 200m: 2:19.36 (36.35) 250m: 2:54.64 (35.28) 300m: 3:30.92 (36.28) 350m: 4:05.93 (35.01) 400m: 4:40.81 (34.88)						
11	 Octavia Mahone	15		0.66	4:42.85 Entry: 4:35.69	+7.16	Q
	50m: 30.08 100m: 1:04.70 (34.62) 150m: 1:40.05 (35.35) 200m: 2:16.65 (36.60) 250m: 2:54.23 (37.58) 300m: 3:30.92 (36.69) 350m: 4:08.27 (37.35) 400m: 4:42.85 (34.58)						
12	 Sophia Kivileva	13		0.51	4:42.86 Entry: 4:36.80	+6.06	Q
	50m: 31.66 100m: 1:06.59 (34.93) 150m: 1:42.39 (35.80) 200m: 2:18.88 (36.49) 250m: 2:54.71 (35.83) 300m: 3:31.24 (36.53) 350m: 4:07.44 (36.20) 400m: 4:42.86 (35.42)						
13	 Sophie Peters	15		0.70	4:43.80 Entry: 4:37.45	+6.35	Q
	50m: 31.38 100m: 1:06.76 (35.38) 150m: 1:42.21 (35.45) 200m: 2:18.60 (36.39) 250m: 2:54.71 (36.11) 300m: 3:31.46 (36.75) 350m: 4:07.93 (36.47) 400m: 4:43.80 (35.87)						
14	 Annalise Miller	14		0.75	4:44.38 Entry: 4:37.86	+6.52	Q
	50m: 31.80 100m: 1:06.54 (34.74) 150m: 1:42.93 (36.39) 200m: 2:19.15 (36.22) 250m: 2:55.63 (36.48) 300m: 3:32.45 (36.82) 350m: 4:08.88 (36.43) 400m: 4:44.38 (35.50)						
15	 Phoebe Nettle	15		0.58	4:44.65 Entry: 4:40.92	+3.73	Q
	50m: 31.87 100m: 1:07.50 (35.63) 150m: 1:43.49 (35.99) 200m: 2:20.56 (37.07) 250m: 2:57.03 (36.47) 300m: 3:33.85 (36.82) 350m: 4:09.72 (35.87) 400m: 4:44.65 (34.93)						
16	 Sarina Tang	14		0.65	4:45.28 Entry: 4:48.54	-3.26	Q
	50m: 32.37 100m: 1:08.02 (35.65) 150m: 1:44.19 (36.17) 200m: 2:20.78 (36.59) 250m: 2:57.00 (36.22) 300m: 3:33.49 (36.49) 350m: 4:09.63 (36.14) 400m: 4:45.28 (35.65)						
17	 Brooke Humphr	15		0.69	4:45.35 Entry: 4:44.75	+0.60	Q
	50m: 31.50 100m: 1:06.30 (34.80) 150m: 1:42.68 (36.38) 200m: 2:19.22 (36.54) 250m: 2:55.96 (36.74) 300m: 3:32.44 (36.48) 350m: 4:09.38 (36.94) 400m: 4:45.35 (35.97)						
18	 Rebecca Yu	13		0.56	4:46.24 Entry: 4:46.63	-0.39	Q
	50m: 31.71 100m: 1:08.27 (36.56) 150m: 1:44.76 (36.49) 200m: 2:22.09 (37.33) 250m: 2:58.38 (36.29) 300m: 3:35.49 (37.11) 350m: 4:10.90 (35.41) 400m: 4:46.24 (35.34)						
19	 Indy Leeds	15		0.78	4:46.29 Entry: 4:39.93	+6.36	Q
	50m: 31.23 100m: 1:06.24 (35.01) 150m: 1:42.21 (35.97) 200m: 2:19.01 (36.80) 250m: 2:55.61 (36.60) 300m: 3:33.14 (37.53) 350m: 4:09.95 (36.81) 400m: 4:46.29 (36.34)						
20	 Molly Carroll	13		0.83	4:47.19 Entry: 4:54.67	-7.48	Q
	50m: 32.42 100m: 1:08.56 (36.14) 150m: 1:45.34 (36.78) 200m: 2:22.55 (37.21)						



250m: 2:59.40 (36.85) 300m: 3:35.75 (36.35) 350m: 4:11.71 (35.96)
400m: 4:47.19 (35.48)



21  Olivia Hendersc 14  0.78 **4:47.96** Q
Entry: 4:45.88 +2.08
50m: 32.50 100m: 1:08.21 (35.71) 150m: 1:45.26 (37.05) 200m: 2:22.94 (37.68)
250m: 2:59.68 (36.74) 300m: 3:36.29 (36.61) 350m: 4:12.99 (36.70)
400m: 4:47.96 (34.97)

22  Elsie Turrell 16  0.72 **4:48.10** Q
Entry: 4:41.87 +6.23
50m: 32.02 100m: 1:07.21 (35.19) 150m: 1:43.12 (35.91) 200m: 2:20.25 (37.13)
250m: 2:57.40 (37.15) 300m: 3:35.55 (38.15) 350m: 4:12.73 (37.18)
400m: 4:48.10 (35.37)



23  Eva Elers 13  0.62 **4:48.20** Q
Entry: 4:57.13 -8.93
50m: 31.73 100m: 1:07.98 (36.25) 150m: 1:44.97 (36.99) 200m: 2:22.47 (37.50)
250m: 2:59.66 (37.19) 300m: 3:37.52 (37.86) 350m: 4:13.79 (36.27)
400m: 4:48.20 (34.41)


24  Megan Scott 16  0.58 **4:48.25** Q
Entry: 4:44.38 +3.87
50m: 32.75 100m: 1:08.39 (35.64) 150m: 1:45.11 (36.72) 200m: 2:21.99 (36.88)
250m: 2:58.43 (36.44) 300m: 3:35.60 (37.17) 350m: 4:12.30 (36.70)
400m: 4:48.25 (35.95)



25  Henrietta Hump 13  0.82 **4:49.65** Q
Entry: 4:56.09 -6.44
50m: 31.19 100m: 1:05.75 (34.56) 150m: 1:42.36 (36.61) 200m: 2:19.73 (37.37)
250m: 2:57.91 (38.18) 300m: 3:35.84 (37.93) 350m: 4:13.43 (37.59)
400m: 4:49.65 (36.22)

26  Lara Migounoff 15  0.63 **4:49.79** Q
Entry: 4:52.36 -2.57
50m: 32.51 100m: 1:09.05 (36.54) 150m: 1:45.75 (36.70) 200m: 2:23.34 (37.59)
250m: 3:00.65 (37.31) 300m: 3:38.00 (37.35) 350m: 4:14.44 (36.44)
400m: 4:49.79 (35.35)























27  Poppy Van Gen 16  Hamilton Aqua... 0.76 **4:49.91** Q
Entry: 4:40.93 +8.98
50m: 32.38 100m: 1:08.74 (36.36) 150m: 1:45.46 (36.72) 200m: 2:22.50 (37.04)
250m: 2:59.14 (36.64) 300m: 3:36.68 (37.54) 350m: 4:13.46 (36.78)
400m: 4:49.91 (36.45)

28  Pippa Jory 16  0.75 **4:50.23** Q
Entry: 4:46.36 +3.87
50m: 32.14 100m: 1:08.04 (35.90) 150m: 1:45.10 (37.06) 200m: 2:22.47 (37.37)
250m: 2:59.92 (37.45) 300m: 3:36.80 (36.88) 350m: 4:13.91 (37.11)
400m: 4:50.23 (36.32)



29  Ambre Sercan (15 0.71 **4:51.26** Q
Entry: 4:52.63 -1.37
50m: 31.46 100m: 1:06.97 (35.51) 150m: 1:43.88 (36.91) 200m: 2:21.31 (37.43)
250m: 2:58.67 (37.36) 300m: 3:36.97 (38.30) 350m: 4:14.64 (37.67)
400m: 4:51.26 (36.62)

30  Harriet McHardy 13  0.59 **4:51.36** Q
Entry: 4:58.42 -7.06
50m: 31.66 100m: 1:07.49 (35.83) 150m: 1:45.17 (37.68) 200m: 2:23.54 (38.37)
250m: 3:01.50 (37.96) 300m: 3:39.38 (37.88) 350m: 4:15.76 (36.38)
400m: 4:51.36 (35.60)



4:51.89

31	 Adriana McKag	15		0.55	Entry: 4:54.25 -2.36	R1
	50m: 32.77 100m: 1:09.56 (36.79) 150m: 1:47.10 (37.54) 200m: 2:24.72 (37.62) 250m: 3:02.08 (37.36) 300m: 3:39.41 (37.33) 350m: 4:16.31 (36.90) 400m: 4:51.89 (35.58)					
32	 Tayla Cox	15		0.86	4:51.95 Entry: 4:50.35 +1.60	R2
	50m: 32.81 100m: 1:08.55 (35.74) 150m: 1:45.31 (36.76) 200m: 2:22.74 (37.43) 250m: 3:00.00 (37.26) 300m: 3:38.28 (38.28) 350m: 4:15.15 (36.87) 400m: 4:51.95 (36.80)					
33	 Amelia-Rose Scahill	14		0.61	4:52.02 Entry: 4:49.66 +2.36	Q
	50m: 31.90 100m: 1:08.13 (36.23) 150m: 1:44.97 (36.84) 200m: 2:22.20 (37.23) 250m: 2:59.55 (37.35) 300m: 3:37.73 (38.18) 350m: 4:15.05 (37.32) 400m: 4:52.02 (36.97)					
34	 Phoebe Diamor	13		0.69	4:53.92 Entry: 4:56.38 -2.46	Q
	50m: 32.94 100m: 1:09.33 (36.39) 150m: 1:47.21 (37.88) 200m: 2:24.47 (37.26) 250m: 3:02.27 (37.80) 300m: 3:39.76 (37.49) 350m: 4:17.30 (37.54) 400m: 4:53.92 (36.62)					
35	 Renee Dresner	15		0.83	4:54.13 Entry: 4:44.07 +10.06	
	50m: 31.70 100m: 1:06.71 (35.01) 150m: 1:43.71 (37.00) 200m: 2:21.08 (37.37) 250m: 2:59.09 (38.01) 300m: 3:37.60 (38.51) 350m: 4:16.28 (38.68) 400m: 4:54.13 (37.85)					
36	 Emma Cox	13		0.68	4:54.42 Entry: 5:00.15 -5.73	Q
	50m: 33.07 100m: 1:09.16 (36.09) 150m: 1:46.19 (37.03) 200m: 2:24.51 (38.32) 250m: 3:02.96 (38.45) 300m: 3:41.54 (38.58) 350m: 4:19.59 (38.05) 400m: 4:54.42 (34.83)					
37	 Clare Geursen	15		0.66	4:54.54 Entry: 4:55.15 -0.61	
	50m: 32.43 100m: 1:09.60 (37.17) 150m: 1:46.85 (37.25) 200m: 2:25.04 (38.19) 250m: 3:03.03 (37.99) 300m: 3:40.77 (37.74) 350m: 4:17.88 (37.11) 400m: 4:54.54 (36.66)					
38	 Tessa Scott	16		0.72	4:54.63 Entry: 4:37.25 +17.38	Q
	50m: 31.52 100m: 1:07.39 (35.87) 150m: 1:43.82 (36.43) 200m: 2:21.62 (37.80) 250m: 2:59.70 (38.08) 300m: 3:37.95 (38.25) 350m: 4:16.59 (38.64) 400m: 4:54.63 (38.04)					
39	 Evelyn Loh	13		0.66	4:54.68 Entry: 4:56.69 -2.01	R1
	50m: 34.46 100m: 1:11.97 (37.51) 150m: 1:49.99 (38.02) 200m: 2:27.62 (37.63) 250m: 3:04.54 (36.92) 300m: 3:41.97 (37.43) 350m: 4:18.98 (37.01) 400m: 4:54.68 (35.70)					
40	 Lara Streletsky	16		0.97	4:55.14 Entry: 4:47.54 +7.60	Q
	50m: 32.93 100m: 1:09.50 (36.57) 150m: 1:46.96 (37.46) 200m: 2:24.71 (37.75) 250m: 3:02.54 (37.83) 300m: 3:40.58 (38.04) 350m: 4:18.49 (37.91) 400m: 4:55.14 (36.65)					
41	 Kathryn Bates	13		0.77	4:55.51 Entry: 4:57.95 -2.44	R2
	50m: 32.92 100m: 1:09.75 (36.83) 150m: 1:47.51 (37.76) 200m: 2:25.65 (38.14)					



250m: 3:03.98 (38.33) 300m: 3:41.61 (37.63) 350m: 4:19.44 (37.83)
400m: 4:55.51 (36.07)

42  Maggie Thomps 15  0.71 **4:55.63**
Entry: 4:48.45 **+7.18**



50m: 32.19 100m: 1:07.94 (35.75) 150m: 1:44.77 (36.83) 200m: 2:22.65 (37.88)
250m: 3:00.42 (37.77) 300m: 3:38.68 (38.26) 350m: 4:17.27 (38.59)
400m: 4:55.63 (38.36)

43  Marli Coverdale 14  0.68 **4:55.75** Q
Entry: 4:47.94 **+7.81**



50m: 31.10 100m: 1:05.84 (34.74) 150m: 1:42.18 (36.34) 200m: 2:19.65 (37.47)
250m: 2:58.52 (38.87) 300m: 3:37.93 (39.41) 350m: 4:18.23 (40.30)
400m: 4:55.75 (37.52)

44  Erika Orbell 16  0.74 **4:56.08** R1
Entry: 4:53.79 **+2.29**



50m: 33.31 100m: 1:10.30 (36.99) 150m: 1:48.67 (38.37) 200m: 2:26.36 (37.69)
250m: 3:04.19 (37.83) 300m: 3:42.41 (38.22) 350m: 4:19.81 (37.40)
400m: 4:56.08 (36.27)

45  Meghan Gibbs 16  0.75 **4:56.55** R2
Entry: 4:54.68 **+1.87**



50m: 33.17 100m: 1:10.01 (36.84) 150m: 1:48.26 (38.25) 200m: 2:26.82 (38.56)
250m: 3:05.78 (38.96) 300m: 3:44.31 (38.53) 350m: 4:21.15 (36.84)
400m: 4:56.55 (35.40)

46  Mia Henderson 15  0.70 **4:56.61**
Entry: 4:55.12 **+1.49**



50m: 33.82 100m: 1:10.97 (37.15) 150m: 1:47.81 (36.84) 200m: 2:25.75 (37.94)
250m: 3:03.83 (38.08) 300m: 3:42.74 (38.91) 350m: 4:20.62 (37.88)
400m: 4:56.61 (35.99)

47  Kaylee Smith 15  0.65 **4:56.70**
Entry: 4:51.15 **+5.55**



50m: 32.77 100m: 1:09.54 (36.77) 150m: 1:45.68 (36.14) 200m: 2:23.50 (37.82)
250m: 3:01.46 (37.96) 300m: 3:40.22 (38.76) 350m: 4:18.61 (38.39)
400m: 4:56.70 (38.09)

48  Maggie Harper 14  0.77 **4:57.41** Q
Entry: 4:57.14 **+0.27**



50m: 33.70 100m: 1:11.67 (37.97) 150m: 1:49.90 (38.23) 200m: 2:27.98 (38.08)
250m: 3:06.10 (38.12) 300m: 3:44.16 (38.06) 350m: 4:22.00 (37.84)
400m: 4:57.41 (35.41)

49  Victoria Schaeff 16  0.62 **4:57.69**
Entry: 4:51.31 **+6.38**

50m: 34.45 100m: 1:12.91 (38.46) 150m: 1:51.09 (38.18) 200m: 2:29.20 (38.11)
250m: 3:06.77 (37.57) 300m: 3:44.81 (38.04) 350m: 4:21.78 (36.97)
400m: 4:57.69 (35.91)























50  Lily Seber 13  0.74 **4:58.72**
Entry: 5:01.46 **-2.74**

50m: 32.26 100m: 1:09.81 (37.55) 150m: 1:48.29 (38.48) 200m: 2:27.35 (39.06)
250m: 3:06.51 (39.16) 300m: 3:45.32 (38.81) 350m: 4:23.09 (37.77)
400m: 4:58.72 (35.63)

51  Milly Lietze 15  0.79 **4:59.02**
Entry: 4:52.28 **+6.74**

50m: 32.42 100m: 1:09.53 (37.11) 150m: 1:46.88 (37.35) 200m: 2:24.72 (37.84)
250m: 3:03.49 (38.77) 300m: 3:42.85 (39.36) 350m: 4:21.82 (38.97)
400m: 4:59.02 (37.20)

4:59.33

52	 Tasmin Henrick	13		0.87	Entry: 5:02.44	-3.11	
	50m: 33.05 100m: 1:09.74 (36.69) 150m: 1:48.11 (38.37) 200m: 2:27.21 (39.10) 250m: 3:05.99 (38.78) 300m: 3:45.20 (39.21) 350m: 4:23.35 (38.15) 400m: 4:59.33 (35.98)						
53	 Gemma Hay	15		0.69	4:59.52	+10.59	
	Entry: 4:48.93 50m: 33.00 100m: 1:08.86 (35.86) 150m: 1:45.83 (36.97) 200m: 2:23.53 (37.70) 250m: 3:02.18 (38.65) 300m: 3:41.22 (39.04) 350m: 4:20.75 (39.53) 400m: 4:59.52 (38.77)						
54	 Ashley Lam	14		0.71	5:00.66	+4.81	Q
	Entry: 4:55.85 50m: 32.70 100m: 1:09.85 (37.15) 150m: 1:48.01 (38.16) 200m: 2:26.64 (38.63) 250m: 3:05.17 (38.53) 300m: 3:44.20 (39.03) 350m: 4:23.07 (38.87) 400m: 5:00.66 (37.59)						
55	 Rina Bang	14		0.69	5:01.12	+2.62	Q
	Entry: 4:58.50 50m: 33.31 100m: 1:10.23 (36.92) 150m: 1:48.49 (38.26) 200m: 2:27.24 (38.75) 250m: 3:06.29 (39.05) 300m: 3:45.46 (39.17) 350m: 4:24.10 (38.64) 400m: 5:01.12 (37.02)						
56	 Zoe Omundsen	14		0.60	5:01.74	+1.99	Q
	Entry: 4:59.75 50m: 33.53 100m: 1:11.53 (38.00) 150m: 1:50.06 (38.53) 200m: 2:28.60 (38.54) 250m: 3:06.86 (38.26) 300m: 3:45.63 (38.77) 350m: 4:24.44 (38.81) 400m: 5:01.74 (37.30)						
57	 Keira Watt	14		0.77	5:02.71	+7.24	R1
	Entry: 4:55.47 50m: 34.52 100m: 1:12.89 (38.37) 150m: 1:50.34 (37.45) 200m: 2:29.12 (38.78) 250m: 3:07.68 (38.56) 300m: 3:47.00 (39.32) 350m: 4:25.49 (38.49) 400m: 5:02.71 (37.22)						
58	 Charlotte Ren	14		0.68	5:04.77	+9.69	R2
	Entry: 4:55.08 50m: 33.05 100m: 1:10.24 (37.19) 150m: 1:48.28 (38.04) 200m: 2:27.05 (38.77) 250m: 3:05.96 (38.91) 300m: 3:45.27 (39.31) 350m: 4:25.16 (39.89) 400m: 5:04.77 (39.61)						
59	 Catherine Tegm	14		0.59	5:05.21	+7.67	
	Entry: 4:57.54 50m: 31.60 100m: 1:08.00 (36.40) 150m: 1:46.00 (38.00) 200m: 2:25.00 (39.00) 250m: 3:04.61 (39.61) 300m: 3:45.27 (40.66) 350m: 4:25.80 (40.53) 400m: 5:05.21 (39.41)						
60	 Charlotte Dunne	13			5:05.23	+5.94	
	Entry: 4:59.29 50m: 33.59 100m: 1:11.32 (37.73) 150m: 1:50.00 (38.68) 200m: 2:30.15 (40.15) 250m: 3:09.15 (39.00) 300m: 3:48.69 (39.54) 350m: 4:27.70 (39.01) 400m: 5:05.23 (37.53)						
61	 Jasmine Laban	14		0.72	5:05.57	+8.07	
	Entry: 4:57.50 50m: 34.00 100m: 1:12.52 (38.52) 150m: 1:50.86 (38.34) 200m: 2:30.19 (39.33) 250m: 3:09.10 (38.91) 300m: 3:49.02 (39.92) 350m: 4:27.94 (38.92) 400m: 5:05.57 (37.63)						
62	 Beth Metcalfe	13		0.76	5:06.66	+5.44	
	Entry: 5:01.22 50m: 33.04 100m: 1:10.68 (37.64) 150m: 1:49.71 (39.03) 200m: 2:29.13 (39.42)						

250m: 3:08.47 (39.34) 300m: 3:48.52 (40.05) 350m: 4:28.01 (39.49)
400m: 5:06.66 (38.65)

63  Lylwen Orts (V)

13

5:06.81
Entry: 5:01.80 +5.01

50m: 33.83 100m: 1:12.82 (38.99) 150m: 1:52.06 (39.24) 200m: 2:31.82 (39.76)
250m: 3:11.47 (39.65) 300m: 3:50.91 (39.44) 350m: 4:30.18 (39.27)
400m: 5:06.81 (36.63)

64  Kristen Young

13 

0.69

5:08.22
Entry: 4:58.32 +9.90

50m: 32.88 100m: 1:11.15 (38.27) 150m: 1:50.86 (39.71) 200m: 2:31.11 (40.25)
250m: 3:11.34 (40.23) 300m: 3:51.43 (40.09) 350m: 4:30.54 (39.11)
400m: 5:08.22 (37.68)

-  Paige Stringer

16  Hamilton Aqua...

DNS